


COPPER RIDGE EASTERN SHORE & BALTIMORE HOUSE

DECEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Locations KR=Kershner Room GR=Assisted Living Garden Room West BH and East BH=Baltimore House ESH Talbot, Wicomico and Somerset=Eastern Shore House AR=Assisted Living Art Room AL=Assisted Living CO=Courtyard All=All Houses		THEME IS: A DICKENS OF A DECEMBER Schedule Subject To Change		1	2	3
				11-Music Listeners(ESH Somerset) 11:30-Physical Activity(East BH) 2:30-Church Service(KR) 2:30-Basketball(ESH Wicomico) 2:30-Holiday Decorating(ESH Somerset) 3-Music Listeners(West BH) 4-Picture Sensory(ESH Somerset) 4-Trivia Time(ESH Talbot) 4-Bible Readings(East BH)	10:30-Magical Experience(KR) 10:30-Morning Stretch(ESH Talbot) 11-Music Therapy- Drum Circle(GR) 11:30-Creative Activity(East BH) 11:30-Sensory Balls(West BH) 2-Music Therapy-Sing a Long(KR) 3-Physical Activity(ESH Somerset) 3-Birthday Party(ESH Wicomico & Talbot) 4-Art Pictures(West BH)	10:15-Music with Esfir(ESH) 11:30-Music Trivia(BH) 12:15-Hand Massages(ESH/BH) 2:30-Music with Steve F.(GR) 4:30-Social Group(ESH) 4:30-Social Group(BH)
4	5	6	7	8	9	10
9:30-Daily Chronicle 1:1's(ESH) 10:30-Birthday Party(ESH) 11:30-History of the Christmas Tree(BH) 12:15-Daily Chronicle 1:1's(BH) 2:15-Church Service(KR) 4:30-Physical Activity(BH)	9:45-Art with Elizabeth(AR) 10:30-Tree Trimming(East BH) 3-Physical Activity(ESH Wicomico) 3-Thank You's to the Troops(ESH Talbot) 3:30-Intellectual Activity(East BH) 3:30-Intellectual activity(ESH Talbot) 3:30-Music Listeners(ESH Somerset) 4:30-Thoughts of the Day(East BH)	9:45-Photography Club trip to Farm(Outside) 10:30-Chair Yoga(KR) 11-Cocoa Social(ESH Wicomico) 2:30-Church Service(ESH) 2:30-Holiday Readings(West BH) 3:30-Church Service(BH) 3:30-Bean Bag Toss(ESH Talbot)	11:30-Holiday Sensory(ESH Somerset) 2:30-Cooking Club and Social(East BH) 3-Back Scratching(ESH Somerset) 3:30-Holiday Sing A Long(East BH) 4-Trees (The Poem)(East BH) 4-Pearl Harbor Discussion(ESH Wicomico)	10:30-Trivia Time(ESH Talbot) 11-Tactile Sensory(ESH Somerset) 2:30-Church Service(KR) 2:30-Sammy Davis Jr. Program(ESH Somerset) 2:30-Sing a Long(ESH Wicomico) 3-Peculiar Pinecone(ESH Somerset) 4-Holiday Decorations(ESH Talbot) 4-Jewelry Box(ESH Somerset)	10-Passport Club - Carroll County Farm Museum(Outside) 10:30-Prayer Group(ESH Talbot) 11-Music Therapy- Drum Circle(KR) 11-James Thurber Quotes(West BH) 2-Music Therapy-Sing a Long(KR) 2:30-Holiday Songs(ESH Wicomico) 3-Coffee Shop Social(East BH) 4-Visits with Raven(ESH Somerset)	10-Kathy Stansbury Students Piano Recital(GR) 10:15-Magic w/ Cowboy Joe(BH) 11-Kathy Stansbury Students Piano Recital(GR) 12-Holiday Singing(ESH) 2:15-Holiday Jeopardy(BH) 2:30-Bella Donna String Quartet(ESH)
11	12	13	14	15	16	17
9:30-Hand Massage(ESH) 10:15-You Be The Judge(ESH) 11:30-Reminisce Magazine(BH) 12:15-Hand Massage(BH) 2-Family Holiday Party-Music w/ Steve F. & Jerry R.(AL) 2:15-Church Service(KR) 4:30-Physical Activity(BH)	10:30-Shake and Move(ESH Talbot) 11-The Gift of the Magi(West BH) 2-Zumba(KR) 3:30-Intellectual Activity(East BH) 3:30-Hand Massage(West BH) 4:30-Thoughts of the Day(East BH) 6:30-Ride to See Christmas Lights(ESH/BH)	10:30-Chair Yoga(KR) 10:30-Bible Readings(West BH) 11-Holiday Memories(West BH) 2:30-Church Service(ESH) 3-Stretch and Flex(ESH Talbot) 3:15-Exercise Hour(ESH) 3:30-Church Service(BH) 4:30-Holiday Sing A Long(West BH)	11:30-Who Am I?(East BH) 11:30-Hand Massages(ESH Somerset) 3:30-Music of Bing(ESH Somerset) 4-Social(ESH Talbot) 4-Who Am I?(ESH Wicomico) 4:30-Thoughts of the Day(East BH) 4:30-Music Listeners(ESH Wicomico)	10:30-Who Am I?(ESH Talbot) 11:30-Winter Scenes(ESH Somerset) 2:30-Church Service(KR) 3-Music and Movement(West BH) 3:30-Arts and Crafts(East BH) 4-Holiday Music(ESH Somerset) 4:30-Match Game(East BH) 4:30-Spice Sensory(ESH Somerset)	10:30-Fruitcake Discussion(ESH Talbot) 11-Music Therapy- Drum Circle(KR) 2-Music Therapy-Sing a Long(KR) 3-Holiday Songs(ESH Wicomico) 3:30-Ideals Magazine(ESH Somerset) 4-Social(ESH Talbot)	10:30-Music with Lynn(ESH) 11:30-Anna and Debbie sing Holiday Favorites(BH) 2:30-Music w/ The Kelsey's(GR) 2:30-Holiday Jeopardy(ESH) 3:15-Let it Snow Facts(BH) 4-Hand Massages(BH) 4:30-Social Group(ESH) 4:30-Social Group(BH)
18	19	20 HANUKKAH	21	22	23	24
9:30-Spice Sensory(ESH) 10:30-Story of the Nutcracker(ESH) 11:30-Christmas Cookie Traditions(BH) 12:15-Spice Sensory(BH) 2:15-Church Service(KR) 4:30-Physical Activity(BH)	10:30-Reel to Real(ESH Talbot) 11-Bible Readings(West BH) 11:30-Winter Scents(ESH Somerset) 2-Zumba(KR) 3-Christmas A to Z(East BH) 4-Physical Fitness(ESH Somerset) 4-Front Porch Travels(East BH) 4:30-Thoughts of the Day(East BH)	9:45-Trip to Read to Steppingstones Children(Outside) 10:30-Catholic Prayer Service(BH) 10:30-Chair Yoga(KR) 10:30-Catholic Prayer Service(ESH) 2:30-Church Service(ESH) 3-Walking Group(East BH) 3:30-Church Service(BH)	8-Mens Breakfast(KR) 11:30-What Am I?(East BH) 2:30-Cooking Club & Social(East BH) 3-Hanukkah Discussion & Social(ESH Somerset) 3:30-Klezmer Music(ESH Somerset) 3:30-Gift Giving Ideas(East BH) 4-Thoughts of the Day(East BH)	11:30-World Religion(ESH Somerset) 2:30-Church Service(KR) 2:30-Reading Club(ESH Wicomico & Talbot) 2:30-Hand Massage(West BH) 3-Physical Activity(ESH Talbot) 4:30-Music Listeners(ESH Somerset) 4:30-Famous First Ladies(East BH)	10:30-Creative Candy Canes(ESH Wicomico & Talbot) 11-Music Therapy- Drum Circle(KR) 2-Music Therapy-Sing a Long(KR) 2:30-Holiday Readings(ESH Wicomico) 3-Holiday Songs(ESH Wicomico)	9:30-Christmas Eve Visits(BH) 10:30-Music with Melissa C.(BH) 11:30-Christmas Carols(ESH) 12:15-Christmas Eve Visits(ESH) 2:15-Christmas Eve Church Service(KR) 4:30-Social Group(ESH) 4:30-Social Group(BH)
25 CHRISTMAS	26	27	28	29	30	31 NEW YEARS EVE
9:30-Daily Chronicles(ESH) 10:30-Cookies and Milk Xmas Social(ESH) 11:30-Cookies and Milk Xmas Social(BH) 12:15-Daily Chronicles(BH) 4:30-Physical Activity(BH)	10:30-Hymn Along(ESH) 11:30-Basketball(BH) 4:30-Social Group(ESH) 4:30-Social Group(BH)	10:30-Chair Yoga(KR) 10:30-Visit with Rudy the Dog(All) 11-Poetry Reading(ESH Somerset) 11:30-Poetry Reading(West BH) 12:30-Ladies Luncheon(KR) 2:30-Church Service(ESH) 3:30-Church Service(BH) 4:30-Creative Arts(West BH)	11:30-Hand Massages(ESH Somerset) 11:30-Reminisce Ball(East BH) 2:30-Cooking Club & Social(East BH) 3:30-Hat Chat(East BH) 4-Social(ESH Talbot) 4-Sing a Long(ESH Wicomico) 4-Name Game(East BH)	10:30-Baking Program(ESH Wicomico & Talbot) 2:30-Church Service(KR) 2:30-Birthday Party(ESH Wicomico & Talbot) 3:30-Arts and Crafts(East BH) 4-Photo Sensory(ESH Somerset)	11-Music Therapy- Drum Circle(KR) 11-New Years Resolutions(ESH Wicomico) 11-Balloon Ball(West BH) 2-Music Therapy-Sing a Long(KR) 3-News Years Party(East BH / West BH/West) 4-Holiday Sing A Long(East BH/West)	10-NCTD Pet Teams(AL) 10:30-Music with Frank C.(ESH) 11:30-Trivia Hour(BH) 12:15-Hand Massages(ESH) 4:30-Social Group(ESH) 4:30-Social Group(BH)

"Although our programs are tailored for the individuals who reside in that location, everyone is welcome to attend any programs throughout the community"