


Copper Ridge - Annapolis, Carroll County and Delmarva House – December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THEME IS: A DICKENS OF A DECEMBER Schedule Subject To Change	Activity Locations BH = Baltimore House KR = Kershner Room CC = Carroll County House AL = Assisted Living ESH = Eastern Shore House GR = Garden Room Comp = Comprehensive Care CO = Courtyard AR = Art Room DH = Delmarva House AH = Annapolis House ALL = All Houses			1 10:30-Badminton(GR) 11:15-D is For..(GR) 2:30-Church Service(KR) 3:15-Swim Club(FH) 3:15-Table Games(AH) 4-sense-sation(AH) 6:15-Holiday Decorating(DH) 6:15-Smithsonian Magazine(AH) 6:30-Basketball(CCH)	2 10:30-Magical Experience(KR) 11-Music Therapy- Drum Circle(GR) 2-Music Therapy-Sing a Long(KR) 3:15-Birthday Party(CCH) 3:15-Horseshoe Toss(AH) 4-Ice Cream Social(DH) 6:15-Christmas Carol Trivia(DH) 6:15-Where the Side Walk Ends(AH) 6:30-Christmas Sing a Long(CCH)	3 11:30-Making Christmas Cards(DH) 11:30-December Birthdays(AH) 11:30-Sweet Tooth Social(CCH) 2:30-Music with Steve F.(GR) 5-Social Group(AH) 5-Social Group(DH) 6:30-Social Group(CCH)
	4	5	6	7	8	9
11:30-Baking Gingerbread(DH) 11:30-Holiday Wreath Making(AH) 11:30-Homemade Gift Day(CCH) 2:15-Church Service(KR) 5-Physical Activity(AH) 5-Physical Activity(DH) 6:30-Physical Activity(CCH)	9:45-Art with Elizabeth(AR) 10:30-Morning Stretches(GR) 11:15-Who Am I?(GR) 2:30-Zumba(KR) 3-Local Current Events(AH) 4-Beach Ball Exercise(AH) 6:15-Famous Faces(DH) 6:15-Red Skeleton Bio.(AH) 6:30-Who Am I?(CCH)	9:45-Photography Club trip to Farm(Outside) 10:30-Chair Yoga(KR) 2-Peppermint Bark(CCH) 3-Trivia(AH) 4:15-Reminisce Ball(DH) 6:15-What Am I?(DH) 6:15-Audubon Society(AH) 6:30-The Many Faces of St. Nick(CCH)	10:30-Stretch and Flex(GR) 11:15-Guess That Holiday Song(GR) 2-Penguin Pillows(CCH) 2-Holiday Train Garden Ride(DH) 3-Cookie Social(AH) 4-sense-sation(AH) 6:15-December IQ(AH) 6:15-Holiday Riddles(CCH)	10:30-Golf(GR) 11:15-Chicken Soup(GR) 2:30-Church Service(KR) 3:15-Gingerbread House (CCH) 3:15-Drawing Penguins(AH) 4-Brush To Canvas(DH) 4-Social Hour(AH) 6:15-Poetry Corner(DH) 6:15-Christmas Stories(AH) 6:30-Making Christmas Cards(CCH)	10-Snow Sensory(AL) 10-Passport Club - Carroll County Farm Museum(Outside) 11-Music Therapy- Drum Circle(KR) 2-Music Therapy-Sing a Long(KR) 3:15-Creampuff and Milkshake Social(AH) 4-Bean Bag Toss(AH) 6:15-Winter Sensory Basket(AH) 6:30-Christmas Card Day(CCH)	10-Kathy Stansbury Students Piano Recital(GR) 11-Kathy Stansbury Students Piano Recital(GR) 11:30-A Christmas Carol - History(CCH) 11:30-Emily Dickinson Program(AH) 11:30-Poinsettia Craft(DH) 2:30-Music with Karen & Otis(GR) 6:30-Social Group(CCH)
11	12	13	14	15	16	17
11:30-Christmas A to Z(CCH) 11:30-Baking Day(AH) 11:30-Candy Cane Craft(DH) 2-Family Holiday Party-Music w/ Steve F. & Jerry R.(AL) 2:15-Church Service(KR) 5-Physical Activity(AH) 5-Physical Activity(DH) 6:30-Physical Activity(CCH)	10:30-Chair Exercises(GR) 11:15-All About Reindeers(GR) 2-Holiday Movie Matinee(KR) 2-Christmas Movie(AH) 2:30-Zumba(KR) 4-Birthday Party(CCH) 4-sense-sation(AH) 6:15-Frank Sinatra Biography(DH) 6:15-Reindeer(AH)	10:30-Chair Yoga(KR) 10:30-Visit with Rudy the Dog(All) 11:15-Wintertime Trivia(GR) 2-Candy Cane Door Holders(CCH) 3:30-Candy Cane Door Holders(DH) 4-Knock em down(AH) 6:15-History of the Poinsettia(DH) 6:15-Mary Cassatt Biography(AH) 6:30-Hot Coco Social in Coffee Shop(CCH)	10:30-Morning Exercises(GR) 11:15-Back In The Old Days(GR) 2-December IQ(CCH) 3:15-Holiday Exercise(DH) 4-Holiday Sing A Long(AH) 6:15-Twin Snowflakes Reading(DH) 6:15-Wit & Wisdom(AH) 6:30-Trumpet Carols(CCH)	10:30-Rocket Toss(GR) 11:15-Holiday A To Z(GR) 2:30-Church Service(KR) 3:15-Drawing Class(CCH) 3:15-Dickens Quiz(AH) 4-Drawing Class(DH) 6:15-Gingerbread House(DH) 6:30-Baking Gingerbread(CCH) 6:30-Charles Dickens Biography(AH)	10-History of Christmas Lights(AL) 11-Music Therapy- Drum Circle(KR) 2-Music Therapy-Sing a Long(KR) 3:15-Reminisce Ball(GR) 4-Hot Chocolate with Peppermint(GR) 6:15-Comedy Club(DH) 6:30-Chocolate treats(CCH) 6:30-Christmas Memories(AH)	11:30-Ben and Jerrys Birthday(AH) 11:30-Bake Cookies(CCH) 11:30-Composers Club - Handel(DH) 2:30-Music w/ The Kelsey's(GR) 4 – The Howard County Public School System Employee Chorus (GR) 5-Social Group(AH) 5-Social Group(DH) 6:30-Social Group(CCH)
18	19	20 HANUKKAH	21	22	23	24
11:30-Christmas Around the Globe(AH) 11:30-The Nutcracker(CCH) 11:30-Nutcracker Story and Music(DH) 2:15-Church Service(KR) 5-Physical Activity(AH) 5-Physical Activity(DH) 6:30-Physical Activity(CCH)	10:30-Sittersize(GR) 11:15-Holiday Travel(GR) 2-Trip to the Mall(AH) 2:45-Cinnamon Bun Social(CCH) 3:30-Silver Bells Word Game(DH) 4:15-Cinnamon Bun Social(DH) 6:15-Front Porch Travels(DH) 6:15-Caroling(CCH) 6:15-Hat Chat(AH)	9:45-Read to Steppingstones Children(Outside) 10:30-Visit with Rudy the Dog(All) 10:45-Catholic Prayer Service(KR) 2-Clay Pot Snowmen(CCH) 3-Painting Stars(AH) 3:30-Clay Pot Snowmen(DH) 6:15-History of Hanukkah(AH) 6:30-Christmas Lights Ride(CCH)	8-Mens Breakfast(KR) 11:15-All About Hanukkah(GR) 2-Baking Holiday Cookies(CCH) 3:15-Tournament(AH) 4-Cookie Social(CCH) 4-History of Hanukkah(DH) 6:15-Who Am I?(DH) 6:15-Christmas Instrumental(CCH) 6:15-Twin Snowflakes(AH)	10:30-Coffee and Conversation(GR) 11:15-Snowflake Story(GR) 2:30-Church Service(KR) 3:15-Pampering Club(AH) 4-Holiday Sing A Long(DH) 6:15-Christmas Around the World(DH) 6:15-Who Am I?(AH) 6:30-Gentle Holiday Yoga(CCH)	10-Egg Nog Cart(AH) 11-Music Therapy- Drum Circle(KR) 2-Music Therapy-Sing a Long(KR) 3:15-Humor Club(GR) 4-Famous Faces(GR) 6:15-Holiday Sing A Long(DH) 6:15-Coffe Shop Social(AH) 6:30-Soccer(CCH)	11:30-Christmas Eve around the World(DH) 11:30-History of Christmas Lights(CCH) 11:30-Cookie Decorating(AH) 2:15-Christmas Eve Church Service(KR) 5-Social Group(DH) 6:30-Social Group(CCH)
25 CHRISTMAS	26	27	28	29	30	31 NEW YEARS EVE
11:30-A Childs Christmas in Wales(DH) 11:30-Christmas Reminisce(CCH) 11:30-Christmas Reminisce(GR) 2:15-Christmas Celebration(AH) 5-Physical Activity(AH) 5-Physical Activity(DH) 6:30-Physical Activity(CCH)	9:30-Biography(GR) 5-Physical Activity(AH) 5-Physical Activity(DH) 6:30-Physical Activity(CCH)	10:30-Chair Yoga(KR) 10:30-Visit with Rudy the Dog(All) 11:15-What Am I?(GR) 12:30-Ladies Luncheon(KR) 2-Cake Bake(CCH) 3-Holiday Riddles(AH) 3:30-Birthday Party(DH) 6:15-The Ice Hotel(DH) 6:15-Poems an Ponderings(AH)	10:30-Stretchband Exercise(GR) 11:15-Norman Rockwell(GR) 2-Photography Club(AL) 2:30-You Be The Judge(DH) 3:15-Holiday Stories(DH) 4-Bowling(DH) 4-Walking Group(AH) 6:15-Hot Chocolate Social(DH) 6:15-Who Knew Trivia(AH) 6:30-You Be The Judge(CCH)	10:30-Basketball(GR) 11-Musical Journeys w/ Tiffany(GR) 11:15-Current Events(GR) 2:30-Church Service(KR) 3:15-Swim Club(FH) 4-sense-sation(AH) 6:15-Humphrey Bogart Bio(DH) 6:15-Mother Theresa Bio.(AH) 6:30-Winter Scent Hand Massages(CCH)	10:30-Badminton(GR) 11-Music Therapy- Drum Circle(KR) 11:15-Hot Chocolate Social(GR) 2-Music Therapy-Sing a Long(KR) 3:15-Wine and Cheese Social(AH) 4-Birthday Party(DH) 4-Rocket Toss(AH) 6:15-All About Texas Trivia(DH) 6:30-Color Television(CCH) 6:30-Pictionary(AH)	11:30-New Years Resolutions(AH) 11:30-That's a Wrap(CCH) 11:30-New Years Party(DH) 5-Social Group(AH) 5-Social Group(DH) 6:30-Social Group(CCH)

"Although our programs are tailored for the individuals who reside in that location, everyone is welcome to attend any programs throughout the community"